

HCCA Staff



Renee Page
Assistant Director
Policies, local food access
588-5020
rpage@mcd.org



Kalie Hess
Substance Abuse Prevention
Coordinator
588-5033
khess@mcd.org



Holly Hamilton
Substance Abuse Prevention
Project Assistant
588-5027
hhamilton@mcd.org



Jacqueline Stevens
SNAP-Ed Coordinator (K-12)
588-5081
jstevens@mcd.org



Rachael Reynolds
SNAP-Ed Nutrition Educator
(Pre-K)
588-5032 reynolds@mcd.org



Caroline Moore
FoodCorps Service Member
588-5018
caroline.moore@foodcorps.org



Karen Tucker
Communications & Outreach,
SIRP Coordinator
588-5012
ktucker@mcd.org

Community and National Partners



Healthy Communities of the Capital Area

36 Brunswick Avenue
Gardiner, Maine 04345
<http://www.hccame.org>
info@hccame.org

Academic Year 2014-2015

HCCA works with schools

Helping youth live healthy lives
with proven strategies



HCCA works with schools

Healthy Communities of the Capital Area works with schools to improve the overall wellness environment to make the healthy choice the easy choice.

HCCA provides support and resources such as:

- Education for students
- Training for staff and administrators
- School health policy development
- Other resources and technical assistance



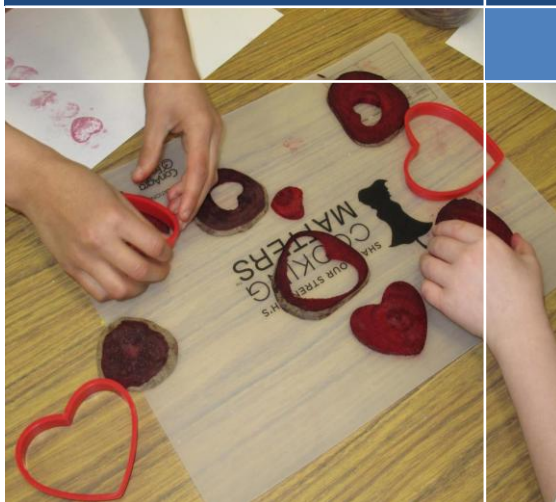
HCCA offers the following programs and services to schools:

Substance Abuse Prevention

- Help schools administer and understand the Maine Integrated Youth Health Survey (MIYHS)
- Support the creation and maintenance of quality school tobacco and substance use policies
- Provide stipends for teachers to work with youth groups
- Share resources and information with youth, parents, and school staff
- Provide the Student Intervention & Reintegration Program (SIRP) alternative to suspension
- Offer trainings for staff

Healthy Food and Physical Activity

- SNAP-Ed nutrition classes that meet Maine Learning Results
- Coordinate school garden activities and deliver agricultural based nutrition education through FoodCorps
- Help create and revise school wellness policies
- Increase local foods in school meals
- Share resources and information with youth, parents, and staff



Schools: Augusta Public Schools, Litchfield Schools, MSAD 11, RSU 2, RSU38, and Winthrop Public Schools