

About the Class

The Student Intervention and Reintegration Program (SIRP) is a 12-hour **educational program for youth who have made high-risk choices about substance use** (alcohol and/or other drugs). Utilizing the PRIME for Life curriculum, SIRP provides evidence-based information to youth about the risks of use and helps them weigh—for themselves—the advantages and disadvantages of continuing to use. Most importantly, **it helps participants plan for and commit to changes in their behavior.** The program is offered to small groups of 2-12 people and, as needed, on a tutorial basis to individual participants. It is a conversation, not a lecture. Each class is taught by a nationally certified PRIME for Life instructor.

SIRP/Prime for Life Program

- **Has prevention** of any type of alcohol or drug problem as its primary goal.
- **Emphasizes knowing and understanding risks** one cannot change and reducing risks one can change.
- **Is based on objective, documented research findings**, not opinion, exaggerations, or scare tactics.
- **Has an integrated Parent Education** component.
- **Is funded by** the Safe and Drug Free Schools Act

Why Sign Up For And Complete The Class?

This class...

- ✓ **Offers valuable information** to youth about the effects of alcohol and other drugs on the body and brain.
- ✓ **It is not a lecture. It is a conversation.** Participants decide for themselves what they are going to do next, after the class.
- ✓ Provides information that can **help youth identify and learn ways** to protect what they value in life, and learn how alcohol and other drugs can threaten those values.

Who Is Eligible?

- **Youth ages 13-18** interested in the material
- **Youth referred by adults** concerned for the youth's high-risk behavior regarding alcohol and other substances
- **Youth referred by an educational institution** for substance use concerns



Program Expectations

The SIRP program is offered as a **resource to schools for youth and families** who would benefit from the information it contains. **Upon program completion, participants will have:**

- ✓ **Attended all 12 hours** of the PRIME for Life class while behaving appropriately
- ✓ **Parent meeting attended** by at least one parent or guardian
- ✓ **Completed the paperwork** required by the program

What Past Participants Say

"The instructor was helpful and friendly."

"The class was worth my time."

"I learned about the stages of alcohol and drug addiction."

"The information I learned was useful."

"I would recommend it to others."

How to Register for a Class

Complete a registration form and return by e-mail, fax, or mail to:

Karen Tucker, Program Registrar
Tel: 207.588.5012 Fax: 207.582.5792
ktucker@mcd.org
ASAP/HCCA
36 Brunswick Avenue
Gardiner, ME 04345

Registration forms are online at:
<http://www.healthycommunitiesme.org/pfl.html>
or contact ASAP/HCCA for a form

Location/Schedule

The program is offered **monthly during the school year**, held in either Winthrop or Hall-Dale schools, and open to youth from across southern Kennebec County. Please contact us to discuss additional classes.

For More Information

Visit:
www.healthycommunitiesme.org/pfl.html

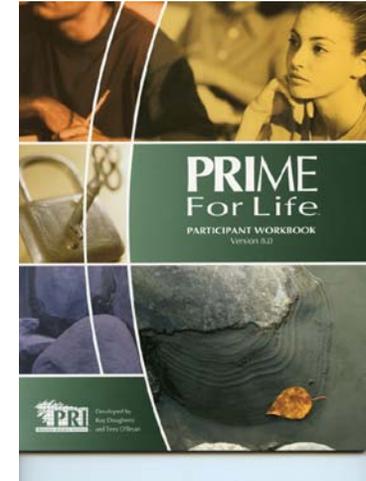
or contact:
Karen Tucker, Program Registrar
Tel: 207.588.5012 ktucker@mcd.org

Alliance for Substance Abuse Prevention
Healthy Communities of the Capital Area
36 Brunswick Ave
Gardiner, ME 04345

ASAP/SIRP 2012-13

SIRP

Student Intervention and Reintegration Program



Using the Prime for Life Curriculum

An opportunity to discover...

- What you value
- How to make low-risk choices about alcohol & other drugs
- The consequences of making high-risk choices
- How to protect what you value in the future

Provided By

